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## 1. Subject Vision

The course includes practical skills like how to use different hairdressing tools safely, how to choose the right haircut or color for someone, and how to do various hair treatments without harming the scalp. They will learn cutting, coloring, and styling hair in many ways. Students will explore natural remedies for hair and scalp care, showing how to use them effectively. We aim to prepare students for a successful career in the beauty industry, ready to meet the needs of their clients with creativity and care. Additionally, they will have fun learning about new trends and coming up with their own hairstyling ideas.

Health and safety are very important in salons, so this course will teach students how to keep their workspace clean and safe. They'll learn how to spot and avoid things that could make people sick, and how to organize their tools properly to avoid accidents. They will also learn how to talk to clients to understand what they want and cater to their needs with personalized hair care treatments.



## 2. Curricular Goals and Competencies

### **CG1: Enjoy exploring and be confident in sharing about the beauty and wellness industry, current trends, and career opportunities with others**

- C1: Understand the evolution and significance of beauty and wellness industry and appreciate its influence on current practices
- C2: Understand the functional difference across salon types, recognize various job roles in the beauty industry and identify essential skills required for various roles
- C2: Identify and differentiate between various hair styling methods and tools, developing an appreciation for their role in creating diverse looks and hairstyles in the beauty industry
- C3: Explore own interests and strengths, identify aspirations and goals, and recognize the target job/ career pathway
- C4: Enjoy the process of discovering new trends and designing creative hairstyles and makeup ideas

### **CG 2: Gain understanding of various health and safety protocols in a salon environment and ability to maintain a clean and organized work area**

- C1: Learn about health and safety protocols in a salon to limit risks and hazards
- C2: Analyze/ scan the salon environment for risks of cross-contamination and infections and implement safety and hygiene practices
- C3: Segregate tools and chemicals based on safety and health hazards
- C4: Analyze work area to determine the most efficient method for storing and organizing tools/equipment after use

### **CG 3: Develop client consultation expertise and ability to curate personalized treatment/ service offerings for the client**

- C1: Operate salon management software to schedule/modify client appointments
- C1: Apply Hair Science Knowledge to Advise on Hair Health and Care Description according to hair structure, porosity, elasticity, and texture to offer personalized advice and solutions for maintaining and improving hair health.
- C2: Maintain professional workplace appearance and utilize effective communication skills to deal with clients
- C3: Understand needs of the client, curate personalized service offerings and post treatment care routine
- C4: Use effective sales techniques to promote/sell products and upsell services
- C5: Operate CRM module in the salon management software and use detailed records of client consultations for curating targeted marketing plan

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#### **CG 4: Acquire technical skills in hair cutting, coloring, and styling techniques**

- C1: Describe the purpose and use of various tools (e.g., comb, hairbrush, scissors etc.) and equipment (e.g., hair dryer, straightener etc.), handle/manage them properly and operate these following all safety measures
- C2: Conduct client consultation basis knowledge of head shape, **Hair texture, Type, length, density, skin tone**, hair structure and scalp condition
- C3: Identify contraindications to any hair and scalp treatment and consult the client accordingly to prevent any harm
- C4: Perform shampoo, conditioning, and blow-drying
- C5: Execute basic cutting techniques (e.g., blunt cuts, point cuts etc.) and perform various haircuts (e.g., one-length cuts, layered cuts etc.)
- C6: Carry out coloring techniques like root touch up, global, highlights etc.
- C7: Execute different blow-dry styles (e.g., inward/outward curls, round brushing etc.) adapting techniques to various hair lengths and textures.
- C8: Create a range of updo hairstyles (e.g., **different braids & buns editorial, and runway hairstyles**) employing advanced level of sectioning, twisting and pinning techniques.
- C9: Understand effects of professional chemical treatments on hair and scalp health and safe application of such treatments
- C10: Understand the role of sectioning and parting in hairstyling and demonstrate precise and uniform techniques

#### **CG 5: Develop comprehensive understanding and application of home remedies in hair and scalp care**

- C1: Explain the significance of head massage in hairstyling practices and overall wellness (e.g., promoting blood circulation, relaxation etc.)
- C2: Identify contraindications to head massage and consult the client accordingly to prevent any harm
- C3: Demonstrate **various** head massage techniques
- C4: Classify various home remedies and associate them with the specific hair and scalp conditions they treat
- C5: Perform herbal deep conditioning treatments, and suggest post-treatment home remedies for hair and scalp care



### 3. Curriculum Overview


#### Grade 11

Unit	Unit Name	Topics	Competencies covered	Hours (160 hours)
1	Introduction to Hair Industry	<ol style="list-style-type: none"> <li>1. Perceiving Beauty</li> <li>2. Beauty and Wellness</li> <li>3. Need of Beauty Industry</li> <li>4. Evolution of Beauty and Wellness</li> <li>5. Hairdressing Industry</li> <li>6. Trends in the industry</li> <li>7. Career in hairdressing the industry</li> <li>8. Assessment</li> </ol>	<p><b>CG1-C1:</b> Understand the evolution and significance of beauty and wellness industry and appreciate its influence on current practices</p> <p><b>CG1-C3:</b> Explore own interests and strengths, identify aspirations and goals, and recognize the target job/career pathway</p> <p><b>CG1-C4:</b> Enjoy the process of discovering new trends and designing creative hair styles and makeup ideas</p>	<p><b>10 hours</b></p> <p>[Theory: 7 hours Practical: 3 hours]</p>
2	Hygiene and Sanitation	<ol style="list-style-type: none"> <li>1. Understanding Health Protocols and Risk Prevention</li> <li>2. Personal Hygiene and Protective Measures</li> <li>3. Sanitization and Sterilisation of Tools and Equipment</li> <li>4. Optimizing Salon Environment and Workspace</li> <li>5. Assessment</li> </ol>	<p><b>CG2-C1:</b> Learn about health and safety protocols in a salon to limit risks and hazards</p> <p><b>CG2-C2:</b> Analyze/scan the salon environment for risks of cross-contamination and infections and implement safety and hygiene practices</p> <p><b>CG2-C3:</b> Segregate tools and chemicals based on safety and health hazards</p> <p><b>CG2-C4:</b> Analyze work area to determine the most efficient method for storing and organizing tools/equipment after use</p>	<p><b>10 Hours</b></p> <p>[Theory: 3 hours Practical: 7 hours]</p>

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3	Prepare and Maintain in the work area	<p>3.1. Introduction</p> <p>3.2. Identification of Tools and Products Needed for Hairstyling,</p> <p>3.3. Maintaining, Sanitizing and Organising the Workstation and Trolley,</p> <p>3.4. Maintenance of Accurate Client Records,</p> <p>3.5. Efficient Methods for Storing and Organizing Tools and Products After Use</p> <p>3.6. Assessment</p>	<p><b>CG4-C1:</b> Describe the purpose and use of various tools (e.g., comb, hairbrush, scissors etc.) and equipment (e.g., hair dryer, straightener etc.), handle/manage them properly and operate these following all safety measures</p> <p><b>CG2-C1:</b> Learn about health and safety protocols in a salon to limit risks and hazards</p> <p><b>CG2-C3:</b> Segregate tools and chemicals based on safety and health hazards</p> <p><b>CG3-C2:</b> Maintain professional workplace appearance and utilize effective communication skills to deal with clients</p> <p><b>CG4-C2:</b> Conduct client consultation basis knowledge of head shape, skin tone, hair structure and scalp condition</p>	<p><b>10 Hours</b></p> <p>[Theory: 3 hours Practical: 7 hours]</p>
4	Sectioning and Parting	<p>4.1. Sectioning and Parting</p> <p>4.2. Anatomy of the Head in reference point</p> <p>4.3. Types of Sectioning Techniques</p> <p>4.4. Tools Required</p> <p>4.5. Sectioning</p> <p>4.6. Common Challenges and How to Solve Them</p> <p>4.7. Assessment</p>	<p><b>CG4-C1:</b> Describe the purpose and use of various tools (e.g., comb, hairbrush, scissors etc.) and equipment (e.g., hair dryer, straightener etc.), handle/manage them properly and operate these following all safety measures</p> <p><b>CG4-C2:</b> Conduct client consultation basis knowledge of head shape, skin tone, hair structure and scalp condition</p> <p><b>CG4-C10:</b> Understand the role of sectioning and parting in hairstyling and demonstrate precise and uniform techniques</p>	<p><b>10 Hours</b></p> <p>[Theory: 3 hours Practical: 7 hours]</p>




5	<b>Understanding Hair science</b> <ol style="list-style-type: none"> <li>1. Structure of Hair</li> <li>2. Composition of Hair</li> <li>3. Hair Types and Textures</li> <li>4. Types of Hair and Scalp</li> <li>5. Understanding pH</li> <li>6. Common Contraindications for Hair Services</li> <li>7. Client Consultation</li> <li>8. Assessment</li> </ol>	<p><b>CG3-C1:</b> Use hair science knowledge to assess hair conditions and provide tailored hair services and care advice for maintaining healthy hair.</p> <p><b>CG4-C3:</b> Identify contraindications to any hair and scalp treatment and consult the client accordingly to prevent any harm</p> <p><b>CG3-C3:</b> Understand needs of the client, curate personalized service offerings and post treatment care routine</p> <p><b>CG4-C2:</b> Conduct client consultation basis knowledge of head shape, Hair texture, Type, length, density hair structure and scalp condition</p>	<b>10 Hours</b>  [Theory: 5 hours Practical: 5 hours]
6	<b>Shampoo and Condition the Hair &amp; Scalp</b> <ol style="list-style-type: none"> <li>1. Shampoo and Its Types</li> <li>2. Hair Conditioner and Its Types</li> <li>3. Ingredients in Shampoos &amp; Conditioners</li> <li>4. Understanding Scalp and Hair Treatment</li> <li>5. Trolley Setting for Shampooing and Conditioning</li> <li>6. Practical Aspects of Shampooing and Conditioning</li> <li>7. Personalised Home Care</li> <li>8. Assessment</li> </ol>	<p><b>CG3-C1:</b> Use hair science knowledge to assess hair conditions and provide tailored hair services and care advice for maintaining healthy hair.</p> <p><b>CG3-C3:</b> Understand needs of the client, curate personalized service offerings and post treatment care routine</p> <p><b>CG3-C4:</b> Use effective sales techniques to promote/sell products and upsell services</p> <p><b>CG4-C2:</b> Conduct client consultation basis knowledge of head shape, Hair texture, Type, length, density hair structure and scalp condition</p> <p><b>CG4-C4:</b> Perform shampoo, conditioning, and blow-drying</p>	<b>15 Hours</b>  [Theory: 7 hours Practical: 8 hours]

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7	<b>Basic Thermal Hair Styling &amp; Basic Up Do's</b>	<p>7.1. Introduction to Thermal Styling,</p> <p>7.2. Thermal Styling Products</p> <p>7.3. Materials required for Updos</p> <p>7.4. Essential Steps for Hair Preparation in Hairstyling</p> <p>7.5. Safety Precautions in Thermal Styling</p> <p>7.6. Common Thermal Styling Techniques</p> <p>7.7. Basic Hairstyling &amp; Updos</p> <p>7.8. Assessment</p>	<p><b>CG4-C1:</b> Describe the purpose and use of various tools (e.g., comb, hairbrush, scissors etc.) and equipment (e.g., hair dryer, straightener etc.), handle/manage them properly and operate these following all safety measure</p> <p><b>CG4-C7:</b> Execute different blow-dry styles (e.g., inward/outward curls, round brushing etc.) adapting techniques to various hair lengths and textures</p> <p><b>CG4-C8:</b> Create a range of updo hairstyles (e.g., editorial, and runway hairstyles) employing advanced level of sectioning, twisting and pinning techniques.</p>	<p><b>35 Hours</b></p> <p>[Theory: 7 hours Practical: 28 hours]</p>
8	<b>Basic Hair Cutting</b>	<p>8.1. Introduction to Hair Cutting</p> <p>8.2. Scissor &amp; Comb: Holding &amp; Lifting</p> <p>8.3. Process of Hair Cutting</p> <p>8.4. Assessment</p>	<p><b>CG4-C1:</b> Describe the purpose and use of various tools (e.g., comb, hairbrush, scissors etc.) and equipment (e.g., hair dryer, straightener etc.), handle/manage them properly and operate these following all safety measure</p> <p><b>CG4-C5:</b> Execute basic cutting techniques (e.g., blunt cuts, point cuts etc.) and perform various hair cuts (e.g., one-length cuts, layered cuts etc.)</p> <p><b>CG4-C2:</b> Conduct client consultation basis knowledge of head shape, skin tone, hair structure and scalp condition</p>	<p><b>30 Hours</b></p> <p>[Theory: 6 hours Practical: 24 hours]</p>

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9	<b>Basic Hair Colouring</b>	<ol style="list-style-type: none"> <li>1. Introduction to Hair Colouring</li> <li>2. Colour Theory</li> <li>3. Hair Colouring Products</li> <li>4. Essential Tools &amp; Materials for hair colouring</li> <li>5. Preliminary Steps in Hair Colouring</li> <li>6. Assessment</li> </ol>	<p><b>CG3-C3:</b> Understand needs of the client, curate personalized service offerings and post treatment care routine</p> <p><b>CG3-C4:</b> Use effective sales techniques to promote/sell products and upsell services</p> <p><b>CG4-C6:</b> Carry out coloring techniques like root touch up, global, highlights etc</p> <p><b>CG4-C3:</b> Identify contraindications to any hair and scalp treatment and consult the client accordingly to prevent any harm</p> <p><b>CG4-C9:</b> Understand effects of professional chemical treatments on hair and scalp health and safe application of such treatments</p>	<p><b>30 Hours</b></p> <p>[Theory: 9 hours Practical: 21 hours]</p>
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